

{Midday Breaks}

meetings to remember

7th Inning Stretch

Bucket Iced Petit Coke, Diet Coke,
Sprite & Dasani Water
Caramel Corn Clusters
Miniature All Beef Franks
with Sauerkraut & Assorted Condiments
or
Assorted Sweet & Salty Warm Pretzels with
Honey Mustard and Caramel Dip

Any Given Sundae

Vanilla Bean and Chocolate Ice Creams
Warm Chocolate Fudge Sauce, Strawberry, Caramel
& Pineapple Sauces
Cherries, Whipped Cream, Sprinkles

Sheer Energy

Assorted Iced 24C Vitamin Enhanced Beverages
or Assorted Sweet & Sugar Free Red Bull Beverages
Dasani Water
House Trail Mix
Berry, Yogurt & Granola Parfaits
Fruit Cocktail with Sweet Lemon Poppyseed Vinaigrette

Happy Trails

Assortment of Jones Naturally Sweetened Sodas
& Saratoga Waters
Create Your Own Trail Mix Station
*House Made Cinnamon Granola, Dried Cranberries,
Dried Pineapple, Dried Apricots, Toasted Almonds,
Sunflower Seeds, Pumpkin Seeds, Roast Walnuts,
Shaved Coconut, Wasabi Peas, & Banana Chips*

After School Special

Carafes of Whole & Skim, and Chocolate Milks
Homemade Rosemary Cherry Lemonade
Bowl of Seasonal Whole Fruit
Platter of Fresh Baked Chocolate Chip, Oatmeal Raisin,
& Peanut Butter Cookies

Sheer Energy

Assorted Iced 24C Vitamin Enhanced Beverages
or Assorted Sweet & Sugar Free Red Bull Beverages
Dasani Water
House Trail Mix
Berry, Yogurt & Granola Parfaits
Fruit Cocktail with Sweet Lemon Poppyseed Vinaigrette

Break Enhancements

Coffee Break

Starbucks Lite Note, Regular & Decaffeinated Coffee
Assorted Tazos Teas, & Dasani Water



A La Carte

Fresh Fruit Cocktail with Sweet Lemon
Poppyseed Vinaigrette
Fruit Skewers with Yogurt Dip
Parmesan Popcorn
Caramel Corn Clusters
Freshly Made Herb Potato Chips
Tortilla Chips & Salsa
Cajun Spiced Nuts
Cookie and Brownie Plate
Carrot & Celery Sticks with Ranch & Hummus Dips

On Consumption
Ice Cream Novelties
Red Bull and Sugar Free Red Bull
Assorted Tazos Teas and 24C Vitamin Enhanced Waters
Assorted Gourmet Izzes and Jones Sodas
Granola and Energy Bars
Assorted Candy Bars
Saratoga Specialty Waters